

Shipping Instructions

Place the sample in the biohazard bag with the absorbent material, then with the ice-pack in the silver thermos envelope. Place the thermos envelope along with the completed requisition form in the return box, place the box in the return bag and add the return shipping label to the outside.

Please ensure you package your samples correctly (samples should be placed in a biohazard/ziplock bag, silver thermal bag, then a box, then the shipping bag) failure to use all 4 layers of packaging may result in shipping rejection by either customs or the courier.

Please now follow the instructions in the included return document.

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Regenerus Laboratories



PRECISION POINT
— DIAGNOSTICS —

regenerus labs

Collection Instructions:

P88 Dietary Antigen Test (Serum) - PD001-S

Verify Kit Contents:

- 1 x Ice pack
- 1 x Regenerus requisition form
- 1 x Biohazard bag with absorbent material
- 1 x Silver insulated envelope
- 1 x Transfer pipette
- 1 x Small clear aliquot transfer tube for serum
- 2 x Gold (SST) 5ml Serum vials
- 1 x Return shipping box (your kit arrived in this)
- 1 x Return shipping bag
- 1 x Return shipping label

If you are missing any kit components, please call Regenerus Laboratories customer service department for assistance.

Essential Information prior to Blood Collection

Important: Steroids should be discontinued 72 hours before testing.

Do not discontinue any medications or supplements without first consulting your healthcare practitioner.

**Only ship samples Monday to Wednesday.
Freeze the ice pack for 4-6 hours minimum before the blood draw.**

Pre-book a courier collection 24 hours before the blood draw.

Please ensure that the requisition form and the sample is correct and the name, date of birth and collection date is the same on both. If the analysing lab receives mis-matched sample and requisition form, it is likely they will reject the sample, and a new kit and blood draw will then be required.

Blood Collection Instructions

Specimen Collection - with Centrifuge

- Collect the blood in the two "Gold top "SST" tubes provided.
- Invert both SST tubes gently 6 times, allow to clot for 30-45 minutes
- Centrifuge sample for 15-20 minutes at 3500rpm until clear separation.
- Transfer the Serum only with the pipette to the aliquot transfer tube.
- Label transfer tube with first name, last name, date of birth, date of collection or use the preprinted vial labels provided.
- Store in a Refrigerator until ready to ship. - Do not freeze.
- Sample must shipped within 24 hours of the blood draw.

Specimen Collection - without Centrifuge

- Arrange a morning blood draw only.
- Collect the blood in the two "Gold top "SST tubes provided.
- Invert both SST tubes gently 6 times.
- Label both tubes with first name, last name, date of birth, date of collection.
- Ship straight away.